

## Directions

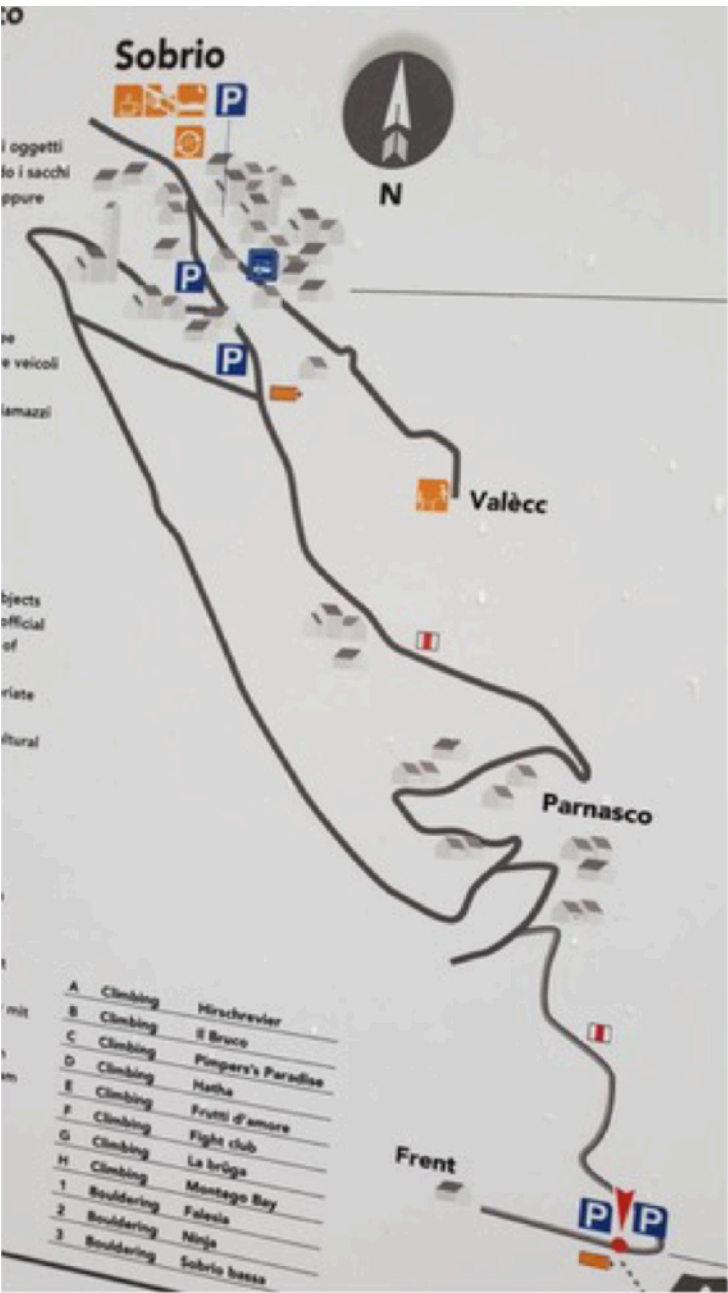
By public transportation you can take the direct train from Zurich to Lavorgo. From Lavorgo there is a bus to Sobrio. Get off at Sobrio Paese. In the small square where the bus stops, walk a few meters in the opposite direction. There is a narrow road on the left. Follow this road and all its twists and turns - continuously downhill. The walk takes about 15 minutes. When you see a tepee, you have arrived. Here is ShantiMonti. Welcome :-)



Similarly is the way by car. After Gotthard tunnel take the 3rd exit, Faido. Drive to Lavorgo, direction Biasca. At the end of Lavorgo village a small road goes off to the left and up the mountain. Follow the serpentines and watch out for signs so as not to miss the turnoff for Sobrio. From here on, follow the road until you reach the square Sobrio village. For cars, here is a dead end road anyway. You have arrived at the bus stop I described above. By car you may take the same road as described to the pedestrians.

If you have a large bus or camper you could already take a right at the entrance of Sobrio, where you find a sign for „Parnasco“. Parnasco are the houses after Sobrio and before you read Frent, which is the house of ShantiUnity on Shantimonti.

Here is a picture to help you find orientation:



View in the direction of the Sobrio village square. On the left is a small chapel. Where the bus is, follow the small road on the right, down the hill:

